

# United States LifeRing Meetings

3/14/2020

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

## LifeRing Face-to-Face Meetings

### States AR

<b>Fort Smith</b>	<b>Wednesday 6:00pm</b>	<b>LifeRing at Fort Smith</b>	<b>138</b>
<i>Address:</i> 19 N 5th St, Fort Smith, AR 72901			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tosha W.	<i>Phone:</i> 479-652-0409	<i>Email:</i> <a href="mailto:twilson@recoveryhhi.org">twilson@recoveryhhi.org</a>	

### States CA

<b>Antioch</b>	<b>Monday 11:00am</b>	<b>Kaiser CDRP</b>	<b>330</b>
<i>Address:</i> 3454 Hillcrest Ave., Antioch, CA 94531			
<i>Building/Room:</i> Rm 2A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Scott H.	<i>Phone:</i> 9252508572	<i>Email:</i> <a href="mailto:ichabodx9@yahoo.com">ichabodx9@yahoo.com</a>	

<b>Livermore</b>	<b>Monday 12:00pm</b>	<b>St. Bartholomew's Church</b>	<b>303</b>
<i>Address:</i> 678 Enos Way, Livermore, CA 94551			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> 925-207-2430	<i>Email:</i> <a href="mailto:sbowmonster@gmail.com">sbowmonster@gmail.com</a>	

<b>Sacramento</b>	<b>Monday 4:15pm</b>	<b>Strategies for Change South</b>	<b>337</b>
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	

<b>Livermore</b>	<b>Monday 6:00pm</b>	<b>Unitarian Universalist Church</b>	<b>92</b>
<i>Address:</i> 1893 N.Vasco Rd., Livermore, CA 94551			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting closed for the holidays until January 6th, 2020			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Geoffrey L.	<i>Phone:</i> 415-845-3799	<i>Email:</i> <a href="mailto:geoff.lane.phd@gmail.com">geoff.lane.phd@gmail.com</a>	

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## LifeRing Face-to-Face Meetings

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<b>Moreno Valley</b>	<b>Monday 6:15pm</b>	<b>Kaiser Permanente - Addiction Medicine Department</b>	62
<i>Address:</i> 12815 Heacock St., Moreno Valley, CA 92553			
<i>Building/Room:</i> Room #116			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Mike M	<i>Phone:</i> 510-928-8256	<i>Email:</i> <a href="mailto:ie.lifering@gmail.com">ie.lifering@gmail.com</a>	
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<b>Fresno</b>	<b>Monday 6:30pm</b>	<b>Kaiser Permanente Medical Center</b>	131
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor Wawona room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Jim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jim-bat@pacbell.net">jim-bat@pacbell.net</a>	
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<b>Glen Ellen</b>	<b>Monday 6:30pm</b>	<b>Mountain Vista Farm</b>	47
<i>Address:</i> 3020 Warm Springs Rd, Glen Ellen, CA 95442			
<i>Building/Room:</i> Conference Building			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Burlingame</b>	<b>Monday 7:00pm</b>	<b>Burlingame Library</b>	85
<i>Address:</i> 480 Primrose Rd, Burlingame, CA 94010			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus; email for an alternate meeting venue			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Mary Beth	<i>Phone:</i>	<i>Email:</i> <a href="mailto:marybeth@lifering.org">marybeth@lifering.org</a>	
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<b>San Diego</b>	<b>Monday 7:00pm</b>	<b>St Timothy's Episcopal Church</b>	298
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Down the breezeway, second door on the left			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsgreggh@gmail.com">lsgreggh@gmail.com</a>	
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<b>Union City</b>	<b>Monday 7:00pm</b>	<b>Kaiser Medical Building</b>	166
<i>Address:</i> 3551 Whipple Rd., Union City, CA 94587			
<i>Building/Room:</i> Building B, 3rd Floor, Rooms A & B			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
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## LifeRing Face-to-Face Meetings

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<b>Vacaville</b>	<b>Monday 7:00pm</b>	<b>Kaiser Hospital</b>	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Darlene B.		<i>Phone:</i> 707.392-8056	<i>Email:</i> <a href="mailto:lrvacaville@gmail.com">lrvacaville@gmail.com</a>
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<b>San Francisco</b>	<b>Monday 7:15pm</b>	<b>Kaiser CDRP</b>	70
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115			
<i>Building/Room:</i> Room 5			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Jim V.		<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>
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<b>San Jose</b>	<b>Monday 7:30pm</b>	<b>Kaiser</b>	214
<i>Address:</i> 5755 Cottle Rd., San Jose, CA 95123			
<i>Building/Room:</i> Building #23, Room #3			
<i>Focus:</i> How Was Your Week with introduction to LifeRing included			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Andre S		<i>Phone:</i>	<i>Email:</i> <a href="mailto:andre@lifering.org">andre@lifering.org</a>
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<b>Berkeley</b>	<b>Monday 8:00pm</b>	<b>Herrick Hospital</b>	28
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i> Basement Level A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Bill C.		<i>Phone:</i> 510.548.9111	<i>Email:</i> <a href="mailto:andreegraham@yahoo.com">andreegraham@yahoo.com</a>
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<b>Sacramento</b>	<b>Monday 9:00am</b>	<b>Strategies for Change North</b>	426
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North		<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>
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<b>San Francisco</b>	<b>Tuesday 1:00pm</b>	<b>Kaiser CDRP</b>	90
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115			
<i>Building/Room:</i> Room 8			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Jim V.		<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>
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LifeRing Face-to-Face Meetings

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**Vallejo** **Tuesday 12:00pm** **Kaiser CDRP** 110

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Sign @ check-in desk

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Charisse L.

*Phone:* 707 712-8481

*Email:* [charisselee1@hotmail.com](mailto:charisselee1@hotmail.com)

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**Sacramento** **Tuesday 4:15pm** **Strategies for Change South** 427

*Address:* 4343 Williamsborough Drive, Sacramento, CA 95823

*Building/Room:*

*Focus:* Meetings may have a Child Protective Services Orientation

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Strategies for Change South

*Phone:* (916) 395-3552

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

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**Roseville** **Tuesday 5:00pm** **Roseville Raley's** 340

*Address:* 1915 Douglas Blvd., Roseville, CA 95661

*Building/Room:* meeting is inside the store near the magazines in the event center

*Focus:*

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Brady F.

*Phone:* 831-214-3500

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

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**San Leandro** **Tuesday 6:15pm** **Kaiser Hospital** 75

*Address:* 2500 Merced St., San Leandro, CA 94577

*Building/Room:* Room A-13, first floor

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Craig O.

*Phone:* 510-517-3345

*Email:* [bigox54@sbcglobal.net](mailto:bigox54@sbcglobal.net)

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**Oakland** **Tuesday 6:45pm** **Kaiser AMRS** 23

*Address:* 380 W. MacArthur Blvd, Oakland, CA 94609

*Building/Room:* Room 4

*Focus:* How Was Your Week?

*Note:* Meeting is closed due to the Covid-19 virus

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* D. Woodsum

*Phone:*

*Email:* [woodsumconstructioninc@gmail.com](mailto:woodsumconstructioninc@gmail.com)

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**Benicia** **Tuesday 7:00pm** **First Baptist Church of Benicia** 289

*Address:* 1055 Southampton Rd, Benicia, CA 94510

*Building/Room:* Meeting Room D

*Focus:* How Was Your Week?

*Note:* Meeting is closed due to the Covid-19 virus

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* George K.

*Phone:* 805-220-8328

*Email:* [denkst@gmail.com](mailto:denkst@gmail.com)

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## LifeRing Face-to-Face Meetings

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<b>Healdsburg</b>	<b>Tuesday 7:00pm</b>	<b>Good Shepherd Lutheran Church</b>	217
<i>Address:</i> 1402 University Street, Healdsburg, CA 95448			
<i>Building/Room:</i> Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Chris L.	<i>Phone:</i> 707-566-8790	<i>Email:</i> <a href="mailto:chris@chrislamela.com">chris@chrislamela.com</a>	
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<b>Los Gatos</b>	<b>Tuesday 7:30pm</b>	<b>LifeRing at Mission Oaks Hospital</b>	53
<i>Address:</i> 15890 Almaden Rd, Los Gatos, CA 95032			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Elevator B to 2nd floor. Room 286			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve	<i>Phone:</i>	<i>Email:</i> <a href="mailto:steve@lifering.com">steve@lifering.com</a>	
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<b>Petaluma</b>	<b>Tuesday 7:30pm</b>	<b>Olympia House</b>	50
<i>Address:</i> 11207 Valley Ford Rd., Petaluma, CA 94952			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> John H	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Sacramento</b>	<b>Tuesday 7:30pm</b>	<b>Kaiser Watt</b>	383
<i>Address:</i> 2829 Watt Blvd., Sacramento, CA 95821			
<i>Building/Room:</i> Suite 150, Room 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Stan K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>Sacramento</b>	<b>Tuesday 7:30pm</b>	<b>Kaiser South Sacramento</b>	1
<i>Address:</i> 6600 Bruceville Road, Sacramento, CA 95828			
<i>Building/Room:</i> MOB 1 Conference Room 1 (near Cafeteria)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Bud	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>Walnut Creek</b>	<b>Tuesday 7:30pm</b>	<b>Kaiser Medical Center</b>	160
<i>Address:</i> 1425 S. Main St, Walnut Creek, CA 94596			
<i>Building/Room:</i> MAPLE CONFERENCE ROOM			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Rick M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:mcpeakrs@comcast.net">mcpeakrs@comcast.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>Livermore</b>	<b>Wednesday 12:00pm</b>	<b>St. Bartholomew's Church</b>	304
<i>Address:</i> 678 Enos Way, Livermore, CA 94551			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> 925-207-2430	<i>Email:</i> <a href="mailto:sbowmonster@gmail.com">sbowmonster@gmail.com</a>	
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<b>San Francisco</b>	<b>Wednesday 12:15pm</b>	<b>SF VAMC</b>	339
<i>Address:</i> 4150 Clement St, San Francisco, CA 94121			
<i>Building/Room:</i> Bldg 203, Rm GA-48			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Open to military, active or retired only			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Tonisa C.	<i>Phone:</i> 806.290.1293	<i>Email:</i> <a href="mailto:tcclardy2002@gmail.com">tcclardy2002@gmail.com</a>	
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<b>Walnut Creek</b>	<b>Wednesday 12:15pm</b>	<b>Kaiser Medical Center</b>	329
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> <a href="mailto:mosleydance@yahoo.com">mosleydance@yahoo.com</a>	
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<b>Fremont</b>	<b>Wednesday 6:00pm</b>	<b>LifeRing @ Fremont Hosptial CDRP</b>	60
<i>Address:</i> 39021 Sundale Drive, Fremont, CA 94538			
<i>Building/Room:</i> The clinic building across the parking lot from the main hospital			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
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<b>Alameda</b>	<b>Wednesday 6:30pm</b>	<b>Home of Truth Spiritual Center</b>	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> <a href="mailto:lfrngary@gmail.com">lfrngary@gmail.com</a>	
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<b>San Rafael</b>	<b>Wednesday 6:45pm</b>	<b>San Rafael Kaiser CDU</b>	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Mt. Tam Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> <a href="mailto:sberkley@me.com">sberkley@me.com</a>	
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## LifeRing Face-to-Face Meetings

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<b>Martinez</b>	<b>Wednesday 7:00pm</b>	<b>Veteran's Hospital</b>	251
<i>Address:</i> 150 Muir Road, Martinez, CA 94553			
<i>Building/Room:</i> conf. rm in Bldg 20			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dennis M	<i>Phone:</i> 925.768.0049	<i>Email:</i> <a href="mailto:d5n@aol.com">d5n@aol.com</a>	
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<b>San Diego</b>	<b>Wednesday 7:00pm</b>	<b>St. Timothy's Episcopal Church</b>	297
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgregh@gmail.com">lsrgregh@gmail.com</a>	
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<b>Mountain View</b>	<b>Wednesday 7:30pm</b>	<b>LifeRing at El Camino Hospital</b>	74
<i>Address:</i> 2400 Grant Road, Mountain View, CA 94040			
<i>Building/Room:</i> Park Pavilion (YMCA building), room 'L'			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Rob A.	<i>Phone:</i> 831-212-0297	<i>Email:</i> <a href="mailto:liferingsj@gmail.com">liferingsj@gmail.com</a>	
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<b>Fresno</b>	<b>Wednesday 8:00pm</b>	<b>Fresno Kaiser CDRP</b>	80
<i>Address:</i> 4785 North 1st St., Fresno, CA 93726			
<i>Building/Room:</i> 4th floor Conference room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Tony W.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:twilhelm@extremecomm3.com">twilhelm@extremecomm3.com</a>	
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<b>Santa Rosa</b>	<b>Wednesday 8:00pm</b>	<b>Kaiser CDRP</b>	15
<i>Address:</i> 3554 Round Barn Blvd., Santa Rosa, CA 95401			
<i>Building/Room:</i> Room L			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>	
<i>Contact:</i> Harry T., David M.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Sacramento</b>	<b>Wednesday 9:00am</b>	<b>Strategies for Change North</b>	423
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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## LifeRing Face-to-Face Meetings

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<b>Hayward</b>	<b>Thursday 1:45pm</b>	<b>Aldon Oliver Sports Park</b>	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:starke49@pacbell.net">starke49@pacbell.net</a>	
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<b>San Bruno</b>	<b>Thursday 12:00pm</b>	<b>San Bruno VA Clinic</b>	328
<i>Address:</i> 1001 Sneath Lane, San Bruno, CA 94066			
<i>Building/Room:</i> V.A. Clinic, 3rd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 1 hour meeting			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Edward G.	<i>Phone:</i> 415-468-4814	<i>Email:</i> <a href="mailto:emg1946@comcast.net">emg1946@comcast.net</a>	
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<b>Vacaville</b>	<b>Thursday 12:15pm</b>	<b>Kaiser Hospital</b>	180
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room			
<i>Focus:</i> Women's only meeting			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Valerie R.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:52valerie52@gmail.com">52valerie52@gmail.com</a>	
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<b>Oakland</b>	<b>Thursday 6:00pm</b>	<b>Kaiser AMRS</b>	104
<i>Address:</i> 380 W. MacArthur Blvd, Oakland, CA 94609			
<i>Building/Room:</i> Room 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> <a href="mailto:woodsumconstructioninc@gmail.com">woodsumconstructioninc@gmail.com</a>	
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<b>Mill Valley</b>	<b>Thursday 6:15pm</b>	<b>Recovery Without Walls</b>	162
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Stephanie S	<i>Phone:</i>	<i>Email:</i> <a href="mailto:stephsart@comcast.net">stephsart@comcast.net</a>	
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<b>San Diego</b>	<b>Thursday 6:30pm</b>	<b>North Park Behavioral Health Center</b>	183
<i>Address:</i> 2136 El Cajon Blvd., San Diego, CA 92104			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgragh@gmail.com">lsrgragh@gmail.com</a>	
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## LifeRing Face-to-Face Meetings

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<b>Concord</b>	<b>Thursday 7:00pm</b>	<b>John Muir Behavioral Health</b>	264
<i>Address:</i> 4080 Port Chicago Hwy, Concord, CA 94520			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Kathy L	<i>Phone:</i> 925-256-1850	<i>Email:</i> <a href="mailto:kthrn_lennon@yahoo.com">kthrn_lennon@yahoo.com</a>	
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<b>Folsom</b>	<b>Thursday 7:00pm</b>	<b>Kaiser Folsom</b>	368
<i>Address:</i> 2155 Iron Point Road, Folsom, CA 95630			
<i>Building/Room:</i> 1st floor room across from vending machines			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Stan K.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>Huntington Beach</b>	<b>Thursday 7:00pm</b>	<b>Huntington Beach Senior Center</b>	354
<i>Address:</i> 18041 Goldenwest St, Huntington Beach, CA 92648			
<i>Building/Room:</i> Travel Resources Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Orange County Lifering meeting			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Winsor B	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oclifering@gmail.com">oclifering@gmail.com</a>	
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<b>Santa Rosa</b>	<b>Thursday 7:00pm</b>	<b>Unitarian Universalist Church</b>	36
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401			
<i>Building/Room:</i> classroom #2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Todd W.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Vacaville</b>	<b>Thursday 7:00pm</b>	<b>Kaiser Hospital</b>	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> <a href="mailto:lrvacaville@gmail.com">lrvacaville@gmail.com</a>	
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<b>Berkeley</b>	<b>Thursday 7:30pm</b>	<b>Herrick Hospital</b>	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:eastbay.pda@gmail.com">eastbay.pda@gmail.com</a>	
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## LifeRing Face-to-Face Meetings

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<b>Walnut Creek</b>	<b>Thursday 7:30pm</b>	<b>Mt. Diablo UU Church</b>	198
<i>Address:</i> 55 Eckley Lane, Walnut Creek, CA 94596			
<i>Building/Room:</i> Oak Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Arnold P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:arnoldpustilnik@yahoo.com">arnoldpustilnik@yahoo.com</a>	
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<b>Fresno</b>	<b>Thursday 8:00pm</b>	<b>Kaiser Permanente Medical Center</b>	301
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor in the Sierra Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> David Roberts	<i>Phone:</i> 559.213.0098	<i>Email:</i> <a href="mailto:profilesplus@sbcglobal.net">profilesplus@sbcglobal.net</a>	
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<b>Sacramento</b>	<b>Thursday 9:00am</b>	<b>Strategies for Change North</b>	424
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>Santa Rosa</b>	<b>Friday 1:00pm</b>	<b>Interlink Self Help Center</b>	48
<i>Address:</i> 1033 4th St., Santa Rosa, CA 95404			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Jenn P.	<i>Phone:</i> 707-546-4481 extension 20	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Livermore</b>	<b>Friday 12:00pm</b>	<b>St. Bartholomew's Church</b>	305
<i>Address:</i> 678 Enos Way, Livermore, CA 94551			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> 925-207-2430	<i>Email:</i> <a href="mailto:sbowmonster@gmail.com">sbowmonster@gmail.com</a>	
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<b>Vallejo</b>	<b>Friday 12:00pm</b>	<b>Kaiser CDRP</b>	127
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Terry H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:terryghill@att.net">terryghill@att.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>Walnut Creek</b>	<b>Friday 12:15pm</b>	<b>Kaiser Medical Center</b>	399
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-E			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> <a href="mailto:mosleydance@yahoo.com">mosleydance@yahoo.com</a>	
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<b>Sacramento</b>	<b>Friday 4:25pm</b>	<b>Strategies for Change South</b>	338
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>San Diego</b>	<b>Friday 4:30pm</b>	<b>Lasting Recovery</b>	116
<i>Address:</i> 6046 Cornerstone Ct W, San Diego, CA 92121			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Dial #113 if late, There are no meetings when the facility is closed for the holidays			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Dave I.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:coordinator@lifering.com">coordinator@lifering.com</a>	
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<b>Elk Grove</b>	<b>Friday 6:00pm</b>	<b>Raley's Elk Grove</b>	421
<i>Address:</i> 4900 Elk Grove Blvd, Elk Grove, CA 95758			
<i>Building/Room:</i> Event Center Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting sometimes at Peet's Coffee - Look for signs			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Lisa J.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsouthsac@yahoo.com">liferingsouthsac@yahoo.com</a>	
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<b>San Francisco</b>	<b>Friday 6:00pm</b>	<b>Women's Building</b>	372
<i>Address:</i> 3543 18th St, San Francisco, CA 94110			
<i>Building/Room:</i> Room B			
<i>Focus:</i> Workbook Meeting			
<i>Note:</i> between Valencia and Guerrero			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> David H.	<i>Phone:</i> (415) 651-4558	<i>Email:</i> <a href="mailto:davidh.lifering@gmail.com">davidh.lifering@gmail.com</a>	
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<b>Union City</b>	<b>Friday 6:00pm</b>	<b>Kaiser Medical Building</b>	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:timothybliss@comcast.net">timothybliss@comcast.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>San Rafael</b>	<b>Friday 6:30pm</b>	<b>San Rafael Kaiser CDU</b>	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> <a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a>	
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<b>Los Angeles</b>	<b>Saturday 1:30pm</b>	<b>LifeRing Secular Recovery - Cafe Tropical</b>	215
<i>Address:</i> 2900 W. Sunset Bl., Los Angeles, CA 90026			
<i>Building/Room:</i> in the Silver Lake neighborhood			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Christopher s	<i>Phone:</i>	<i>Email:</i> <a href="mailto:christopherjohn_smith@yahoo.com">christopherjohn_smith@yahoo.com</a>	
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<b>Oakland</b>	<b>Saturday 10:00am</b>	<b>Kaiser AMRS</b>	82
<i>Address:</i> 380 W. MacArthur Blvd, Oakland, CA 94609			
<i>Building/Room:</i> Room 1A&B			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:me@patrickkelleher.me">me@patrickkelleher.me</a>	
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<b>San Francisco</b>	<b>Saturday 10:00am</b>	<b>San Francisco LGBT Community Center</b>	207
<i>Address:</i> 1800 Market Street, San Francisco, CA 94102			
<i>Building/Room:</i> Room 203, 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Monica F	<i>Phone:</i>	<i>Email:</i> <a href="mailto:monica@pacetua.com">monica@pacetua.com</a>	
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<b>Dublin</b>	<b>Saturday 11:00am</b>	<b>John Knox Presbyterian Church</b>	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dru.boyd@yahoo.com">dru.boyd@yahoo.com</a>	
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<b>San Mateo</b>	<b>Saturday 12:00pm</b>	<b>Mills Peninsula Health Services</b>	232
<i>Address:</i> 100 S. San Mateo Dr, San Mateo, CA 94401			
<i>Building/Room:</i> 1st floor, The Garden Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dave B.	<i>Phone:</i> (650) 714-8872	<i>Email:</i> <a href="mailto:ddbomgardner@sbcglobal.net">ddbomgardner@sbcglobal.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>Sebastopol</b>	<b>Saturday 12:00pm</b>	<b>Azure Acres Recovery Center</b>	270
<i>Address:</i> 2264 Green Hill Rd., Sebastopol, CA 95472			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> D'Ann G.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:girlwpearl@gmail.com">girlwpearl@gmail.com</a>	
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<b>Hayward</b>	<b>Saturday 5:00pm</b>	<b>New Bridges Outreach Center</b>	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
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<b>Fair Oaks</b>	<b>Saturday 9:00am</b>	<b>Fair Oaks Raley's</b>	411
<i>Address:</i> 4840 San Juan Ave, Fair Oaks, CA 95628			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sunset and San Juan			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Jody A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>San Leandro</b>	<b>Saturday 9:30am</b>	<b>All Saint's Episcopal Church</b>	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> <a href="mailto:maddogclc@gmail.com">maddogclc@gmail.com</a>	
<hr/>			
<b>Forestville</b>	<b>Sunday 1:00pm</b>	<b>Food For Thought</b>	76
<i>Address:</i> 6550 Railroad Ave, Forestville, CA 95436			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> David Vergi	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
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<b>Roseville</b>	<b>Sunday 10:00am</b>	<b>Roseville Raley's</b>	412
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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## LifeRing Face-to-Face Meetings

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<b>Oakland</b>	<b>Sunday 11:00am</b>	<b>Kaiser Hospital</b>	156
<i>Address:</i> 3600 Broadway, Oakland, CA 94611			
<i>Building/Room:</i> Room at (lower lever) LL HH-2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> John A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jra8300@sbcglobal.net">jra8300@sbcglobal.net</a>	
<hr/>			
<b>Sacramento</b>	<b>Sunday 11:00am</b>	<b>Natomas Raley's</b>	13
<i>Address:</i> 4650 Natomas Blvd, Sacramento, CA 95835			
<i>Building/Room:</i> Event Center Inside next to the pharmacy			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Staff	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
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<b>Oakland</b>	<b>Sunday 12:00pm</b>	<b>Kaiser Hospital</b>	152
<i>Address:</i> 3600 Broadway, Oakland, CA 94611			
<i>Building/Room:</i> Room at (lower lever) LL HH-2			
<i>Focus:</i> Recovery by Choice Workbook			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Ric R.	<i>Phone:</i> 415-900-9783	<i>Email:</i> <a href="mailto:tthrottr@gmail.com">tthrottr@gmail.com</a>	
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<b>Hayward</b>	<b>Sunday 5:00pm</b>	<b>New Bridges Outreach Center</b>	446
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Don S.	<i>Phone:</i> 510-361-1955	<i>Email:</i> <a href="mailto:arthurdonaldsalazar53@gmail.com">arthurdonaldsalazar53@gmail.com</a>	
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<b>San Diego</b>	<b>Sunday 6:00pm</b>	<b>Lasting Recovery</b>	185
<i>Address:</i> 6046 Cornerstone Ct W, San Diego, CA 92121			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Dial #113 if late, There are no meetings when the facility is closed for the holidays			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> David I.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:coordinator@lifering.com">coordinator@lifering.com</a>	
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<b>States CO</b>			
<b>Denver</b>	<b>Monday 6:30pm</b>	<b>Washington Park Church of Christ</b>	102
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bonnie M.	<i>Phone:</i> 303-726-2155	<i>Email:</i> <a href="mailto:d8adoc@msn.com">d8adoc@msn.com</a>	
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LifeRing Face-to-Face Meetings

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**Lafayette**                                      **Monday 6:30pm**                                      **Sister Carmen Center**                                      255

*Address:* 655 Aspen Ridge Dr, Lafayette, CO 80026

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* closed Dec. 25 no meeting

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* James F.                                      *Phone:* 303-859-7606                                      *Email:* [dewboy666@gmail.com](mailto:dewboy666@gmail.com)

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**Highlands Ranch**                                      **Tuesday 11:00am**                                      **Kaiser in Highlands Ranch**                                      195

*Address:* 9139 S. Ridgeline Blvd, Highlands Ranch, CO 80219

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Greg C.                                      *Phone:* 303-250-9797                                      *Email:* [gchlumsky@gmail.com](mailto:gchlumsky@gmail.com)

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**Denver**                                      **Tuesday 6:00pm**                                      **Kaiser Permanente Regional Headquarters**                                      132

*Address:* 10350 E. Dakota Ave., Denver, CO 80247

*Building/Room:* Group Room 36

*Focus:* How Was Your Week?

*Note:* Meeting to the left after entering, west side of building

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Joe F.                                      *Phone:* 720-838-3631                                      *Email:* [jbfranklin61@gmail.com](mailto:jbfranklin61@gmail.com)

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**Denver**                                      **Tuesday 6:30pm**                                      **St John's Episcopal Cathedral**                                      404

*Address:* 1350 N Washington St, Denver, CO 80203

*Building/Room:* Library

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Lorraine H.                                      *Phone:* 303-699-2406                                      *Email:* [hull.d.lorraine@gmail.com](mailto:hull.d.lorraine@gmail.com)

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**Broomfield**                                      **Tuesday 7:00pm**                                      **Cross of Christ Lutheran Church**                                      279

*Address:* 12099 Lowell Blvd., Broomfield, CO 80020

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Tom B.                                      *Phone:* 303.808.3299                                      *Email:* [cyclommuter@yahoo.com](mailto:cyclommuter@yahoo.com)

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**Denver**                                      **Wednesday 6:00pm**                                      **St. Barnabas Church**                                      292

*Address:* 1280 Vine St., Denver, CO 80206

*Building/Room:* Room 210

*Focus:* How Was Your Week?

*Note:* Meeting is closed due to the Covid-19 virus

*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Kathleen G                                      *Phone:* 303-319-2465                                      *Email:* [coloradolifering@gmail.com](mailto:coloradolifering@gmail.com)

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<b>Edwards</b>	<b>Wednesday 6:00pm</b>	<b>"Vail"-Trinity Baptist Church</b>	145
<i>Address:</i> 90 Lariat Loop, Edwards, CO 81632			
<i>Building/Room:</i> Building A (Upper level of Cabin Building)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Erika S.	<i>Phone:</i> 970-445-0821	<i>Email:</i> <a href="mailto:liferingvail@yahoo.com">liferingvail@yahoo.com</a>	
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<b>Fort Collins</b>	<b>Wednesday 6:00pm</b>	<b>Lee Christian Law Office</b>	16
<i>Address:</i> 415 Mason Court, Fort Collins, CO 80524			
<i>Building/Room:</i> Building 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> New meeting day is Wednesday; Time remains the same.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Kate	<i>Phone:</i> 804-551-0721	<i>Email:</i> <a href="mailto:kateapple0@gmail.com">kateapple0@gmail.com</a>	
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<b>Longmont</b>	<b>Wednesday 6:00pm</b>	<b>Longmont United Hospital</b>	274
<i>Address:</i> 1950 Mountain View Ave., Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Robert H.	<i>Phone:</i> 720-220-5609	<i>Email:</i> <a href="mailto:hartman5609@gmail.com">hartman5609@gmail.com</a>	
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<b>Arvada</b>	<b>Thursday 5:30pm</b>	<b>Kaiser Hidden Lake Medical Office Building</b>	133
<i>Address:</i> 7701 Sheridan Blvd., Arvada, CO 80003			
<i>Building/Room:</i> Rapids Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Rob C.	<i>Phone:</i> 720.617.7373	<i>Email:</i> <a href="mailto:kerimaki1968@aol.com">kerimaki1968@aol.com</a>	
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<b>Evergreen</b>	<b>Thursday 6:00pm</b>	<b>HomeSmart Realty</b>	208
<i>Address:</i> 1232 Bergen Pkwy Suite #102, Evergreen, CO 80439			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Mike F.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
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<b>Boulder</b>	<b>Thursday 6:30pm</b>	<b>Remington Post Condos</b>	174
<i>Address:</i> 3350 Iris Ave, Boulder, CO 80301			
<i>Building/Room:</i> Club House			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Entrance on north side			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Richenda B	<i>Phone:</i> 720-239-3243	<i>Email:</i> <a href="mailto:rbiles@comcast.net">rbiles@comcast.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>Denver</b>	<b>Thursday 7:00pm</b>	<b>Washington Park Church of Christ</b>	302
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Chuck B.	<i>Phone:</i> 303-797-7393	<i>Email:</i> <a href="mailto:chaswb63@gmail.com">chaswb63@gmail.com</a>	
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<b>Denver</b>	<b>Thursday 7:00pm</b>	<b>Highlands United Methodist Church</b>	77
<i>Address:</i> 3131 Osceola, Denver, CO 80212			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jason K.	<i>Phone:</i> 720-346-0131	<i>Email:</i> <a href="mailto:jsnken@gmail.com">jsnken@gmail.com</a>	
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<b>Tabernash</b>	<b>Thursday 7:00pm</b>	<b>Tabernash</b>	191
<i>Address:</i> 100 County Road 515, Tabernash, CO 80478			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> First and Third Thursday of each month; 1 mile north of Tabernash Co			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dick S.	<i>Phone:</i> (303) 898-3125	<i>Email:</i> <a href="mailto:liferingwesternslope@gmail.com">liferingwesternslope@gmail.com</a>	
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<b>Louisville</b>	<b>Thursday 7:30pm</b>	<b>Centennial Peaks Hospital</b>	6
<i>Address:</i> 2255 South 88th Street, Louisville, CO 80027			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jud F.	<i>Phone:</i> 720-422-9621	<i>Email:</i> <a href="mailto:liferingdenver@gmail.com">liferingdenver@gmail.com</a>	
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<b>Wheat Ridge</b>	<b>Thursday 7:30pm</b>	<b>Exempla West Pines Treatment Center</b>	285
<i>Address:</i> 3400 Lutheran Parkway, Wheat Ridge, CO 80033			
<i>Building/Room:</i> Sun Room, Gymnasium Bldg			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Greg C.	<i>Phone:</i> 303-250-9797	<i>Email:</i> <a href="mailto:gchlumsky@gmail.com">gchlumsky@gmail.com</a>	
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<b>Aurora</b>	<b>Thursday 9:00am</b>	<b>Rocky Mountain Regional VA Medical Center</b>	123
<i>Address:</i> 1700 North Wheeling St, Aurora, CO 80045			
<i>Building/Room:</i> Building A, Golden Rod Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> LifeRing Veterans' Meeting in Aurora			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bobby G.	<i>Phone:</i> 303-955-5673	<i>Email:</i> <a href="mailto:inebgreene@comcast.net">inebgreene@comcast.net</a>	
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## LifeRing Face-to-Face Meetings

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<b>Longmont</b>	<b>Thursday 9:00am</b>	<b>Behavioral Health Group (methadone clinic)</b>	282
<i>Address:</i> 850 23rd Ave., Longmont, CO 80501			
<i>Building/Room:</i> Unit A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-682-3522	<i>Email:</i> <a href="mailto:garytaylorgibbsgibbs@gmail.com">garytaylorgibbsgibbs@gmail.com</a>	
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<b>Littleton</b>	<b>Saturday 10:00am</b>	<b>Genesis Counseling</b>	271
<i>Address:</i> 8 W. Dry Creek Circle, Ste: 100, Littleton, CO 80120			
<i>Building/Room:</i> Suite 100			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jessica S.	<i>Phone:</i> 810-834-2852	<i>Email:</i> <a href="mailto:jessicaszuber@gmail.com">jessicaszuber@gmail.com</a>	
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<b>Boulder</b>	<b>Saturday 11:30am</b>	<b>Mental Health Partners</b>	69
<i>Address:</i> 3180 Airport Rd., Boulder, CO 80301			
<i>Building/Room:</i>			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Paula G.	<i>Phone:</i> 917-693-4534	<i>Email:</i> <a href="mailto:pgillen01@gmail.com">pgillen01@gmail.com</a>	
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<b>Aurora</b>	<b>Saturday 3:00pm</b>	<b>CeDAR Treatment Center</b>	218
<i>Address:</i> 1623 N. Quentin St., Aurora, CO 80045			
<i>Building/Room:</i> main bldg, room 128			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Kathleen G.	<i>Phone:</i> 303-319-2465	<i>Email:</i> <a href="mailto:coloradolifering@gmail.com">coloradolifering@gmail.com</a>	
<hr/>			
<b>Lakewood</b>	<b>Saturday 6:00pm</b>	<b>Solace Counseling</b>	22
<i>Address:</i> 6655 West Jewell Ave., Lakewood, CO 80232			
<i>Building/Room:</i> #100			
<i>Focus:</i> Speaker, group discussion			
<i>Note:</i>			
<i>Map:</i> <a href="#">click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dale O.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:arias154@aol.com">arias154@aol.com</a>	
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<b>Denver</b>	<b>Sunday 10:30am</b>	<b>Blake St. Meeting</b>	444
<i>Address:</i> 1730 Blake St., Denver, CO 80202			
<i>Building/Room:</i> Suite 202			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Mary Lee P.	<i>Phone:</i> 303-364-2999	<i>Email:</i> <a href="mailto:mlpeterson318@gmail.com">mlpeterson318@gmail.com</a>	
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## LifeRing Face-to-Face Meetings

<b>Longmont</b>	<b>Sunday 10:30am</b>	<b>Center for Change</b>	308
<i>Address:</i> 1225 Ken Pratt - Su 200, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How We Get and Stay Clean and Sober			
<i>Note:</i> This location is right behind Le Peep restaurant.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary S.	<i>Phone:</i> 970-420-2202	<i>Email:</i> <a href="mailto:glsandifer@hotmail.com">glsandifer@hotmail.com</a>	
<hr/>			
<b>Wheat Ridge</b>	<b>Sunday 7:30pm</b>	<b>Exempla West Pines Treatment Center</b>	278
<i>Address:</i> 3400 Lutheran Parkway, Wheat Ridge, CO 80033			
<i>Building/Room:</i> Sun Room, Gymnasium Bldg			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Greg C.	<i>Phone:</i> 303-250-9797	<i>Email:</i> <a href="mailto:gchlumsky@gmail.com">gchlumsky@gmail.com</a>	
<hr/>			
<b>States CT</b>			
<b>Greenwich</b>	<b>Monday 7:30pm</b>	<b>Greenwich Hospital</b>	112
<i>Address:</i> 5 Perryridge Rd., Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingct.com/">http://liferingct.com/</a>	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> <a href="mailto:cindy.lifering@gmail.com">cindy.lifering@gmail.com</a>	
<hr/>			
<b>Greenwich</b>	<b>Wednesday 7:30pm</b>	<b>Greenwich Hospital</b>	307
<i>Address:</i> 5 Perryridge Rd, Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingct.com/">http://liferingct.com/</a>	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> <a href="mailto:cindy.lifering@gmail.com">cindy.lifering@gmail.com</a>	
<hr/>			
<b>Greenwich</b>	<b>Friday 6:00pm</b>	<b>Greenwich Hospital</b>	171
<i>Address:</i> 5 Perryridge Rd., Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingct.com/">http://liferingct.com/</a>	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> <a href="mailto:cindy.lifering@gmail.com">cindy.lifering@gmail.com</a>	
<hr/>			
<b>Greenwich</b>	<b>Sunday 2:45pm</b>	<b>Greenwich Hospital</b>	10
<i>Address:</i> 5 Perryridge Rd, Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingct.com/">http://liferingct.com/</a>	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> <a href="mailto:cindy.lifering@gmail.com">cindy.lifering@gmail.com</a>	
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## LifeRing Face-to-Face Meetings

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<b>Greenwich</b>	<b>Sunday 4:00pm</b>	<b>Greenwich Hospital</b>	281
<i>Address:</i> 5 Perryridge Rd., Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingct.com/">http://liferingct.com/</a>	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> <a href="mailto:cindy.lifering@gmail.com">cindy.lifering@gmail.com</a>	

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## States FL

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<b>Clearwater</b>	<b>Monday 8:00pm</b>	<b>Sylvan Abbey United Methodist Church</b>	54
<i>Address:</i> 2817 Sunset Point Road, Clearwater, FL 33759			
<i>Building/Room:</i> Building in rear of church parking lot.			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingtampabay.com">http://www.liferingtampabay.com</a>	
<i>Contact:</i> Tom S.	<i>Phone:</i> 727-580-3340	<i>Email:</i> <a href="mailto:tshelley@tampabay.rr.com">tshelley@tampabay.rr.com</a>	

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<b>Pinellas Park</b>	<b>Friday 8:00pm</b>	<b>Good Samaritan Church</b>	19
<i>Address:</i> 6085 Park Blvd, Pinellas Park, FL 33781			
<i>Building/Room:</i> Adult Center - Rear			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingtampabay.com">http://www.liferingtampabay.com</a>	
<i>Contact:</i> Tom S.	<i>Phone:</i> 727-580-3340	<i>Email:</i> <a href="mailto:tshelley@tampabay.rr.com">tshelley@tampabay.rr.com</a>	

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## States ID

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<b>Lewiston</b>	<b>Friday 5:15pm</b>	<b>Riverside Recovery</b>	213
<i>Address:</i> 1720 18th Ave., Lewiston, ID 83501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Jenny T	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jteigen59@gmail.com">jteigen59@gmail.com</a>	

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## States IL

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<b>Chicago</b>	<b>Tuesday 12:00pm</b>	<b>Above and Beyond Family Recovery Center</b>	163
<i>Address:</i> 2942 W Lake St, Chicago, IL 60612			
<i>Building/Room:</i>			
<i>Focus:</i> HWYW/Topic varies			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tup	<i>Phone:</i>	<i>Email:</i> <a href="mailto:soltup1@gmail.com">soltup1@gmail.com</a>	

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<b>Chicago</b>	<b>Thursday 7:00pm</b>	<b>Bethany Retirement Community</b>	294
<i>Address:</i> 4950 N Ashland Ave, Chicago, IL 60640			
<i>Building/Room:</i> Reflection Room			
<i>Focus:</i> HWYW/Varies			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tup	<i>Phone:</i>	<i>Email:</i> <a href="mailto:soltup1@gmail.com">soltup1@gmail.com</a>	

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**States MA**

<b>New Bedford</b>	<b>Monday 6:30pm</b>	<b>First Unitarian Church</b>	5
<i>Address:</i> 71 8th Street, New Bedford, MA 02740			
<i>Building/Room:</i> enter through back door off parking lot (ring doorbell)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting is closed due to the Covid-19 virus			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Ewa C.	<i>Phone:</i> 617-455-2258	<i>Email:</i> <a href="mailto:lifering.newbedford@lifering.org">lifering.newbedford@lifering.org</a>	

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**States MI**

<b>Petoskey</b>	<b>Tuesday 6:30pm</b>	<b>Harbor Hall</b>	175
<i>Address:</i> 704 Emmet St, Petoskey, MI 49770			
<i>Building/Room:</i> Basement			
<i>Focus:</i> Varies			
<i>Note:</i> additional contact: Tom M 231-881-6017 <a href="mailto:recoveringtomb@aol.com">recoveringtomb@aol.com</a>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Sean B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:sivaliba@yahoo.com">sivaliba@yahoo.com</a>	

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<b>Houghton</b>	<b>Tuesday 7:00pm</b>	<b>KUUF Office</b>	98
<i>Address:</i> 203 E Montezuma Ave, Houghton, MI 49931			
<i>Building/Room:</i> Access room by upper parking lot.			
<i>Focus:</i> Varies			
<i>Note:</i> Access room by upper parking lot.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Oren T.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oren.tikkanen@gmail.com">oren.tikkanen@gmail.com</a>	

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<b>Petoskey</b>	<b>Tuesday 7:00pm</b>	<b>Chapel of Our Guardian Angels</b>	94
<i>Address:</i> 812 Petoskey St., Petoskey, MI 49770			
<i>Building/Room:</i>			
<i>Focus:</i> Recovery			
<i>Note:</i> Sean B, additional contact; <a href="mailto:sivaliba@yahoo.com">sivaliba@yahoo.com</a>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Thomas O.	<i>Phone:</i> 231.881.4386	<i>Email:</i>	

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<b>Alpena</b>	<b>Thursday 7:00pm</b>	<b>Sunrise Centre</b>	81
<i>Address:</i> 360 Walnut St., Alpena, MI 49707			
<i>Building/Room:</i> Sunrise Center; Modular			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i>	<i>Phone:</i> 989.356.6649	<i>Email:</i>	

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## LifeRing Face-to-Face Meetings

**Bay City** **Thursday 7:30pm** **Holy Cross Services** 350

*Address:* 1005 3rd St., Bay City, MI 48708

*Building/Room:* Basement

*Focus:* HWYW, Various

*Note:* Garden courtyard entrance, Meet weekly every Thursday evening

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Scott K.

*Phone:* 9892334477

*Email:* [welddone73@gmail.com](mailto:welddone73@gmail.com)

**Ludington** **Friday 6:30pm** **The People's Church** 25

*Address:* 115 W. Loomis Street, Ludington, MI 49431

*Building/Room:* Foyer

*Focus:* How Was Your Week?/Topic

*Note:* East Door adjacent to Main Sanctuary Entrance

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Tonya J.

*Phone:* 231.239.0387

*Email:* [tonyajohnson292011@gmail.com](mailto:tonyajohnson292011@gmail.com)

## States MN

**St. Paul** **Monday 6:30pm** **The Recovery Church** 95

*Address:* 253 State St., St. Paul, MN 55107

*Building/Room:*

*Focus:* HWYW

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Quinn F.

*Phone:* 715.302.8760

*Email:* [LifeRingStPaul@gmail.com](mailto:LifeRingStPaul@gmail.com)

## States MS

**Hattiesburg** **Monday no time** **Library of Hattiesburg** 115

*Address:* 329 Hardy St, Hattiesburg, MS 39401

*Building/Room:* Random group room with door sign

*Focus:*

*Note:* on hiatus - please leave listed somehow to generate interest

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <https://liferinghattiesburg.weebly.com/>

*Contact:* Michael H.

*Phone:* (601)467-6032

*Email:* [LifeRing.hattiesburg@gmail.com](mailto:LifeRing.hattiesburg@gmail.com)

## States NM

**Albuquerque** **Wednesday 6:00pm** **Kaseman Hospital** 276

*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110

*Building/Room:* Aspen Room

*Focus:* How Was Your Week?

*Note:* Enter Emergency Rm, turn left at hallway, Aspen is first room

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Matt L.

*Phone:*

*Email:* [mingusgatoloco@gmail.com](mailto:mingusgatoloco@gmail.com)

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## LifeRing Face-to-Face Meetings

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**Albuquerque**

**Friday 6:00pm**

**Kaseman Hospital**

277

*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110

*Building/Room:* Aspen Room

*Focus:* How Was Your Week?

*Note:* Enter Emergency Rm, turn left at hallway, Aspen is first room

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Matt L.

*Phone:*

*Email:* [mingusgatoloco@gmail.com](mailto:mingusgatoloco@gmail.com)

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## States NY

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**Harrison**

**Sunday 1:00pm**

**St. Vincent's Hospital**

206

*Address:* 275 North Street, Harrison, NY 10528

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google Map](#)

*Local LifeRing Website:* <https://www.liferingny.org/>

*Contact:* Mark Fichtel

*Phone:*

*Email:* [mark.lifering@gmail.com](mailto:mark.lifering@gmail.com)

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## States OH

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**Akron**

**Tuesday 7:00pm**

**Firestone Park Community Center**

57

*Address:* 1480 Girard St., Akron, OH 44301

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Contact us to confirm holiday meetings

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingakron.yolasite.com/>

*Contact:* Lisa S.

*Phone:* 234.220.5770

*Email:* [LifeRingAkron@gmail.com](mailto:LifeRingAkron@gmail.com)

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**Akron**

**Thursday 6:00pm**

**Firestone Park Community Center**

320

*Address:* 1480 Girard St., Akron, OH 44301

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Contact us to confirm holiday meetings

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingakron.yolasite.com/>

*Contact:* Ethen W.

*Phone:* 330 803-6195

*Email:* [LifeRingAkron@gmail.com](mailto:LifeRingAkron@gmail.com)

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**Medina**

**#Type!**

**Hope Recovery Center (HRC)**

254

*Address:* 200 Highland Dr, Medina, OH 44256

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* on hiatus. Be back soon

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Susan W.

*Phone:* 330 416 3037

*Email:*

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## States PA

Wilkes-Barre

Monday 4:00pm

New Roots Recovery Center

193

*Address:* 121 Water Street, Wilkes-Barre, PA 18702

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Rebecca J.

*Phone:*

*Email:* [rjune@cleanslatecenters.com](mailto:rjune@cleanslatecenters.com)

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Williamsport

Monday 4:30pm

St Luke's Lutheran Church

7

*Address:* 1400 Market Street, Williamsport, PA 17701

*Building/Room:*

*Focus:* HWYW and Topics

*Note:* Front door entrance of white building behind church.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Jennifer C.

*Phone:*

*Email:* [jennifer@recoverycommunityconnection.com](mailto:jennifer@recoverycommunityconnection.com)

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## States TX

Cedar Park

Wednesday 7:30pm

Live Oak U.U. Church

273

*Address:* 3315 El Salido Parkway, Cedar Park, TX 78613

*Building/Room:* Room 103

*Focus:* How Was Your Week?

*Note:* Meetings are 1.5 hours long

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://austinflifering.org/>

*Contact:* Robert M.

*Phone:* 512.663.4754

*Email:* [codemeisterbob@gmail.com](mailto:codemeisterbob@gmail.com)

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## States UT

Salt Lake City

Saturday 11:00am

First Baptist Church of Salt Lake City

83

*Address:* 777 South 1300 East, Salt Lake City, UT 84102

*Building/Room:* 2nd floor, library room

*Focus:* How Was Your Week?

*Note:* Parking lots behind church, enter from 800 South/Sunnyside Avenue

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Lawrence C.

*Phone:* 435 232 2599

*Email:* [lculver101@gmail.com](mailto:lculver101@gmail.com)

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Salt Lake City

Sunday 10:00am

University Neuropsychiatric Institute (UNI)

32

*Address:* 501 Chipeta Way, Salt Lake City, UT 84108

*Building/Room:* Room #1566

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Colin B.

*Phone:* (801) 819-5427

*Email:* [crazyfluteguy@yahoo.com](mailto:crazyfluteguy@yahoo.com)

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**States WI**

**Hartland**

**Tuesday 7:00pm**

**Lake Country Unitarian Universalist Church**

220

*Address:* W299N5596 Grace Dr, Hartland, WI 53029

*Building/Room:* Couch Room

*Focus:* Sobriety/Recovery

*Note:* This is a combo LifeRing/SOS meeting

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* James H.

*Phone:* 262 567 3441

*Email:* [iriejim22@yahoo.com](mailto:iriejim22@yahoo.com)

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